

# Directory

of Physicians and Health Care Professionals

**Beaumont, Texas**

**Mental Health Substance Abuse Network**

Spring/Summer 2009



# Welcome!

**We're glad you have chosen UnitedHealthcare for your health coverage. We want to help you take control and make the most of your health care benefits. Here are a few suggestions and reminders to help you get started.**

It is important that every individual establish a relationship with a physician to facilitate easier access to care, should the need arise. Establishing a relationship has proven to improve access to care when you do need it and helps promote continuity in your health care.

Remember that your choice of a physician or other health care professional is your own. We will provide you with information to help you make informed choices, such as physicians' and health care professionals' credentials, range of services offered, fees they charge and performance on quality measures and surveys. But, this information is not an endorsement of a particular physician or health care professional's suitability for your needs.

Typically, you will have lower out-of-pocket expenses by visiting a physician or health care professional who participates in our network. These physicians and health care professionals have contracted with us to provide financial discounts and participate in programs that may facilitate and enhance your health care experience. You can find the most up-to-date information about participating network physicians and health care professionals by consulting our online directory at **[www.myuhc.com](http://www.myuhc.com)**.



# Mental Health/Substance Abuse Network

## *How To Use The United Behavioral Health Network*

### ***Follow these four easy steps:***

1. **Check your benefits** description or certificate of insurance to confirm that mental health and substance abuse services are part of your employer’s health plan and to confirm that the UBH network is your plan’s network for the purposes of mental health and substance abuse services.
2. **Call the toll-free number** on your ID card (under Mental Health Services) for personal consultation and assistance with a referral.
3. **Obtain pre-authorization when required.** Some benefit plans require you to obtain pre-authorization to obtain the fullest possible reimbursement for some or all mental health and substance abuse benefits. Pre-authorization means calling UBH prior to obtaining care. To find out the benefit requirements that apply to you, check your benefits summary or certificate of coverage, talk with your company benefits administrator, or call the toll-free number on your ID card. Note that you should always contact UBH prior to obtaining in-patient services.
4. **Arrange an appointment with the network clinician you have selected.** It’s that easy!

### ***4 Reasons to Call UBH For A Referral to a Network Clinician***

Some benefit plans offer you the option of arranging care with clinicians outside the UBH network. We believe you may benefit greatly from choosing care with a UBH network clinician:

	<b>With a UBH Network Clinician</b>	<b>With a Non-Network Clinician</b>
1. COST	You may pay a modest co-payment at the time of your visit; in most cases you pay no deductible.	Your benefit often reimburses only a portion of the clinician’s billed charge, and reimbursement often begins only after you have paid an annual deductible.
2. TIME	You receive no bills and file no claim forms. So there’s no time lost on paperwork, or waiting for reimbursement.	You must file claim forms in order to receive reimbursement.
3. BEST MATCH	When you call UBH for a referral, our clinically-trained staff work with you to identify a clinician whose training, background and expertise suit your specific needs. The process is confidential.	Even if a friend or family member recommends someone, you can’t be sure that the professional has the right background to address your unique problem.
4. QUALITY	UBH reviews the background and practice of each clinician before including them in our network. We recheck regularly, and provide resources and feedback to network clinicians.	There’s no one checking background, license or practice history for you. And if you see an unlicensed clinician, your benefit may not provide reimbursement.

### ***Make the call for better health care today!***

Just call the toll-free number on your ID card, and obtain the hassle-free care you deserve from a UBH network clinician.

# Choosing a Mental Health/Substance Abuse Clinician

## *A Checklist for Finding the Care That's Right for You*

Whether you're seeking help for a new issue or a longer-term problem, finding the right clinician is important. Consider using this as a tool to help you:

### ***Define your needs***

- What areas of expertise should your clinician have? Behavioral health clinicians often have special training and skills; examples include: marriage/couples, child/adolescent, or substance abuse counseling.
- Are you looking for a clinician who can prescribe psychiatric medications such as anti-depressants? If so, look for a psychiatrist. They are medical doctors who can prescribe medication.
- Are you looking for talk therapy? Talk therapy usually involves 45-50 minute sessions once a week or so. Clinicians who are qualified to do this include: psychologists, marriage and family therapists, licensed clinical social workers, licensed professional counselors, and psychiatrists.
- Would you feel more comfortable talking to a man or a woman? Do you want to see a clinician near home or work?

### ***Get a recommendation***

- Do you know anyone who can recommend a clinician? If so, check to see if the recommended clinician(s) is in the network. You can do this by using this directory or visiting <http://www.ubhprovider.com/>
- Call United Behavioral Health and speak to one of our specially trained staff members who can help you find a clinician to meet your specific needs.

### ***Ask questions***

- Is the clinician accepting new clients?
- What appointment times are available, and does that fit your schedule?
- Talk to the clinician briefly on the phone before making a decision on which clinician to choose. Ask them about their experience and approach to treating problems like yours. First impressions are very valuable.

### ***Your clinician should always***

- Be willing to listen to you.
- Take your questions seriously and answer them thoroughly.
- Respect you and your needs.
- Clearly communicate his/her assessment of your problems and how best to address them in treatment.

**In addition to the right skills and experience, personal rapport is important. You and your family will benefit from a clinician with whom you feel comfortable.**

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If required, call the toll-free number on your ID card BEFORE receiving treatment to obtain the highest level of benefit. For online search, visit <http://www.ubhprovider.com/>

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**PSYCHIATRIST**


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**JEFFERSON COUNTY, TX**
**Beaumont**
**ACHILLES, Jackson T MD**

(409) 838-1116  
810 Hospital Dr Ste 320  
Beaumont, TX 77701  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**BAGRI, Kashi S MD**

(409) 898-8820  
2194A Eastex Fwy  
Beaumont, TX 77703  
LANGUAGE: HINDI  
HANDICAP ACCESS AVAILABLE  
Board Verified by: ABMS  
Expertise: child/pedi/adol behavioral health, eating disorder, geriatric, substance abuse

**CREED JR, James B MD**

(409) 899-9265  
3560 Delaware St Ste 1204  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**DE SILVA, Sriya MD**

(409) 899-1696  
85 Interstate 10 N Ste 201  
Beaumont, TX 77707  
HANDICAP ACCESS AVAILABLE  
Board Verified by: ABMS  
Expertise: general behavioral health

**DESAI, Rajen B MD**

(409) 833-9662  
3560 Delaware St Ste 905  
Beaumont, TX 77706  
Board Verified by: ABMS  
Expertise: child/pedi/adol behavioral health, eating disorder, general behavioral health, geriatric, substance abuse

**GRIPON, Edward B MD**

(409) 899-4472  
3560 Delaware St Ste 502  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Board Verified by: ABMS  
Expertise: child/pedi/adol behavioral health, geriatric

**GROVES, George E MD**

(409) 832-4900  
740 Hospital Dr Ste 220  
Beaumont, TX 77701  
Board Verified by: ABMS  
Expertise: child/pedi/adol behavioral health, geriatric

**ISERN JR, Raul D MD**

(409) 835-2677  
3438 Fannin St  
Beaumont, TX 77701  
LANGUAGE: SPANISH  
HANDICAP ACCESS AVAILABLE  
Expertise: substance abuse

**KANNEGANTI, Ravikumar MD**

(409) 813-1765  
\*\*\*Accepting Existing Patients Only\*\*\*  
3250 Medical Center Dr  
Beaumont, TX 77701  
HANDICAP ACCESS AVAILABLE  
Board Verified by: ABMS  
Expertise: child/pedi/adol behavioral health, eating disorder, general behavioral health, geriatric, substance abuse

**LAKSHMANAN, Ramaswamy MD**

(409) 899-2623  
3560 Delaware St Ste 1103  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Board Verified by: ABMS  
Expertise: child/pedi/adol behavioral health, eating disorder, geriatric, substance abuse

**Nederland**
**FERMO, Victor M MD**

(409) 727-7979  
405 S Memorial Fwy  
Nederland, TX 77627  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**Port Arthur**
**KULKARNI, Sharad B MD**

(409) 724-7400  
3400 Highway 365 Ste 303  
Port Arthur, TX 77642  
LANGUAGE: HINDI  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health, substance abuse

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**PSYCHOLOGIST**


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**JEFFERSON COUNTY, TX**
**Beaumont**
**BORDAGES JR, John W PHD**

(409) 861-1181  
6870 Phelan Blvd  
Beaumont, TX 77706  
Expertise: child/pedi/adol behavioral health, general behavioral health, geriatric

**DUNCAN, James A PHD**

(409) 892-1220  
3560 Delaware St Ste 602  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health

**MEIER, Robert S PHD**

(409) 866-0910  
150 Dowlen Rd Ste B  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

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**SOCIAL WORKER/  
COUNSELOR**


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**JASPER COUNTY, TX**
**Jasper**
**KING, Robert W MC**

(409) 384-8060  
459 W Houston St  
Jasper, TX 75951  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health, substance abuse

**JEFFERSON COUNTY, TX**
**Beaumont**
**ALFORD, Madeline MED**

(409) 839-8233  
85 1h 10 N Ste 100A  
Beaumont, TX 77707  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health, substance abuse

**BELL, Ben W MA**

(409) 899-9795  
3560 Delaware St Ste 502  
Beaumont, TX 77706  
Expertise: child/pedi/adol behavioral health, geriatric

**BOWEN, Maxwell T MA**

(409) 347-0554  
3560 Delaware St Ste 501  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health, substance abuse

**BUTLER, Denise MSW**

(409) 838-0505  
7750 Gladys Ave # B  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, eating disorder, general behavioral health, substance abuse

**CHISUM, Ella M MED**

(409) 832-7444  
480 Franklin St  
Beaumont, TX 77701  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**CHRISTIE, Colleen J MS**

(409) 832-3012  
3160 Fannin St  
Beaumont, TX 77701  
Expertise: general behavioral health

**CHRISTIE, Colleen J MS**

(409) 838-3200  
3350 McFaddin St Ste 7  
Beaumont, TX 77706  
Expertise: general behavioral health

**DORRELL, Jennifer L MS**

(409) 838-5201  
5825 Phelan Blvd Ste 101  
Beaumont, TX 77706  
Expertise: child/pedi/adol behavioral health, general behavioral health

**ECHOLS, Margaret S MA**

(409) 899-4471  
1025 1h 10 N Ste 106  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**FRANK, Lee E MED**

(409) 832-2936  
3160 Fannin St Ste 103  
Beaumont, TX 77701  
Expertise: child/pedi/adol behavioral health, general behavioral health, substance abuse

**GOLDBECK, Tanya EDD**

(409) 835-1375  
2627 Calder St Ste 200B  
Beaumont, TX 77702  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health

**HOOVER, Bradley V MS**

(409) 860-0320  
7905 Gladys Ave Ste 102  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health, geriatric, substance abuse

**LACOMB, Jimmy G MED**

(409) 838-5201  
5825 Phelan Blvd Ste 101  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**LEE, Judy MA**

(409) 860-5454  
645 Langham Rd  
Beaumont, TX 77707  
LANGUAGE: SPANISH  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, geriatric, substance abuse

**LYONS, Nancy R MED**

(409) 898-4548  
3560 Delaware St Ste 1205  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health

**MONK, Pamela E PHD**

(409) 547-2527  
\*\*\*Accepting Existing Patients Only\*\*\*  
3050 Liberty St  
Beaumont, TX 77702  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**RIZZOTTO, Donna L MED**

(409) 347-1963  
1025 1h 10 N Ste 102  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health, geriatric

**SEHOLM, Roxane MS**

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150 Dowlen Rd Ste B  
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HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, general behavioral health

**SIMMONS, Sue A MSW**

(409) 860-9397  
8109 Gladys Ave Ste 102  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, substance abuse

**SYMONS LUKE, Julie MSW**

(409) 899-2860  
3560 Delaware St Ste 104  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral health, eating disorder, geriatric

**THOMPSON, Nancy B MSW**

(409) 899-2860  
3560 Delaware St Ste 104  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**WESTHOVEN, Stella M MS**

(404) 833-2668  
700 North St Ste 149  
Beaumont, TX 77701  
Expertise: general behavioral health

**WILLIAMS, Christy A MA**

(409) 833-1114  
2431 Liberty St  
Beaumont, TX 77702  
Expertise: general behavioral health

4 - MHSA

If required, call the toll-free number on your ID card BEFORE receiving treatment to obtain the highest level of benefit. For online search, visit <http://www.ubhprovider.com/>

**SOCIAL WORKER/  
COUNSELOR (Cont.)**

**WINDLE, Jana K MED**

(409) 656-2148  
1025 Ih 10 N Ste 106  
Beaumont, TX 77706  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**Nederland**

**BOURG, Carolyn J MSW**

(409) 724-1920  
3005 Avenue H  
Nederland, TX 77627  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral  
health, general behavioral health, geriatric

**HUDGINS, Glenna F MSW**

(409) 724-1920  
3005 Avenue H  
Nederland, TX 77627  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral  
health

**WILLETT, Rodna S MED**

(409) 727-5433  
520 S Highway 347 Ste 106  
Nederland, TX 77627  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health,  
substance abuse

**Port Arthur**

**HAMEL, David W MSW**

(409) 729-8805  
8700 9th Ave Ste 106  
Port Arthur, TX 77642  
HANDICAP ACCESS AVAILABLE  
Expertise: general behavioral health

**ORANGE COUNTY, TX**

**Vidor**

**MARRIOTT, Merylyn H MSW**

(409) 769-1824  
157 Lowe St  
Vidor, TX 77662  
HANDICAP ACCESS AVAILABLE  
Expertise: child/pedi/adol behavioral  
health

**UBH FACILITY**

**JEFFERSON COUNTY, TX**

**Beaumont**

**Accent Home Health  
Home Health Care Agency**

(409) 835-7700  
3480 Fannin St Ste K  
Beaumont, TX 77701  
HANDICAP ACCESS AVAILABLE

**Memorial Hermann Bpt Beaumont**

**General Hospital w MH**  
(409) 654-2917  
3250 Fannin St  
Beaumont, TX 77701  
HANDICAP ACCESS AVAILABLE

**Memorial Hermann Bpt Beaumont**

**General Hospital w MH**  
(409) 654-2917  
PO Box 1591  
Beaumont, TX 77704  
HANDICAP ACCESS AVAILABLE

**TRS Behavioral Care  
SA Residential Facility**

(409) 892-2066  
4347 Phelan Blvd Ste 101, TRS Beaumont  
Beaumont, TX 77707  
HANDICAP ACCESS AVAILABLE

ALPHABETICAL LISTING OF MENTAL HEALTH/SUBSTANCE ABUSE  
HEALTH CARE PROFESSIONALS

Accent Home Health .....	4	DE SILVA, Sriya MD .....	3	HUDGINS, Glenna F MSW .....	4	MONK, Pamela E PHD .....	3
ACHILLES, Jackson T MD .....	3	DESAI, Rajen B MD .....	3	ISERN JR, Raul D MD .....	3	RIZZOTTO, Donna L MED .....	3
ALFORD, Madeline MED .....	3	DORRELL, Jennifer L MS .....	3	KANNEGANTI, Ravikumar MD .....	3	SEHOLM, Roxane MS .....	3
BAGRI, Kashi S MD .....	3	DUNCAN, James A PHD .....	3	KING, Robert W MC .....	3	SIMMONS, Sue A MSW .....	3
BELL, Ben W MA .....	3	ECHOLS, Margaret S MA .....	3	KULKARNI, Sharad B MD .....	3	SYMONS LUKE, Julie MSW .....	3
BORDAGES JR, John W PHD .....	3	FERMO, Victor M MD .....	3	LACOMB, Jimmy G MED .....	3	THOMPSON, Nancy B MSW .....	3
BOURG, Carolyn J MSW .....	4	FRANK, Lee E MED .....	3	LAKSHMANAN, Ramaswamy MD .....	3	TRS Behavioral Care .....	4
BOWEN, Maxwell T MA .....	3	GOLDBECK, Tanya EDD .....	3	LEE, Judy MA .....	3	WESTHOVEN, Stella M MS .....	3
BUTLER, Denise MSW .....	3	GRIPON, Edward B MD .....	3	LYONS, Nancy R MED .....	3	WILLETT, Rodna S MED .....	4
CHISUM, Ella M MED .....	3	GROVES, George E MD .....	3	MARRIOTT, Marilyn H MSW .....	4	WILLIAMS, Christy A MA .....	3
CHRISTIE, Colleen J MS .....	3	HAMEL, David W MSW .....	4	MEIER, Robert S PHD .....	3	WINDLE, Jana K MED .....	4
CREED JR, James B MD .....	3	HOOVER, Bradley V MS .....	3	Memorial Hermann Bpt Beaumont .....	4		

# Notes



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